

Swindon WOW Guide Dementia Community Calendar: January to April 2024



EVENTS AND ACTIVITIES IN YOUR AREA

The Dementia Community Calendar is a handy calendar about groups and events specifically for those living with dementia in and around Swindon, over a 4 month period. These and many more activities suitable for older people in general are also available in the main Swindon WOW Guide.

Both the Swindon WOW Guide and the Dementia Community Calendar are put together by Home Instead Swindon, in partnership with the Swindon Dementia Action Alliance and the local dementia-friendly community.

To be added to the email distribution list for either please contact:

cat.attewell@homeinsteadswindon.co.uk or call 01793 232 585.

 **Home Instead.**
To us, it's personal

DEMENTIA COMMUNITY CALENDAR: January 2024

Mon	Tues	Wed	Thurs	Fri
1st Jan: BANK HOLIDAY NEW YEAR'S DAY	2nd Jan:	3rd Jan: Pinetrees Memory Café 1.30pm—3.30pm	4th Jan: Covingham Singing for the Brain 2-3.30pm Orchid Memory Club 2.30-4pm	5th Jan: Friendship Fridays Highworth 10-12pm Chiseldon Memory Café 10.30-12pm Sing Together Faringdon 2-3.30pm
8th Jan: Freshbrook Singing for the Brain 10.30-12pm Lydiard Walk & Talk 11.30-12.30pm	9th Jan:	10th Jan: Haydon Wick Memory Café 10.30-12.30pm Love to Move Highworth 1.45pm-3.15pm	11th Jan: Olive Tree Memory Café 10.30-12pm	12th Jan: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm
15th Jan: Freshbrook Singing for the Brain 10.30-12pm Silver Linings (Swindon Carers) at Stanton Park 1.30-3pm	16th Jan: Meadowcroft Singing for the Brain 10-12pm Love & Loss Peer Group 10.30-12pm Swindon Carers	17th Jan: Dementia Voice (young onset dementia group) 10.30am—12pm Pinetrees Memory Café 1.30pm—3.30pm	18th Jan: Sporting Memory Café 10.30-12pm Wyvern Memory Sing 12.30pm Covingham Singing for the Brain 2-3.30pm Orchid Memory Club 2.30-4pm	19th Jan: Friendship Fridays Highworth 10-12pm Wroughton Making Memories Café 10.30-12pm
22nd Jan: Freshbrook Singing for the Brain 10.30-12pm	23rd Jan:	24th Jan: Haydon Wick Memory Café 10.30-12.30pm Highworth Forget-Me-Not Café 2-4pm	25th Jan:	26th Jan: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm
29th Jan: Freshbrook Singing for the Brain 10.30-12pm	30th Jan:	31st Jan:	N/A	N/A

DEMENTIA SPECIFIC CALENDAR February 2024

Mon	Tues	Wed	Thurs	Fri
N/A	N/A	N/A	1st Feb: Covingham Singing for the Brain 2-3.30pm Orchid Memory Club 2.30-4pm	2nd Feb: Friendship Fridays Highworth 10-12pm Chiseldon Memory Café 10.30-12pm Sing Together Faringdon 2-3.30pm
5th Feb: Freshbrook Singing for the Brain 10.30-12pm Wyvern Memory Café 10.30-12pm	6th Feb: Love & Loss Peer Group 10.30-12pm Swindon Carers	7th Feb: New: Cricklade Memory Café 10.30-12pm Pinetrees Memory Café 1.30pm—3.30pm Swindon Carers Dementia Peer Support Group 2.15 –3.45pm	8th Feb: Olive Tree Memory Café 10.30-12pm Sporting Memory Café 10.30-12pm Wyvern Memory Move 1.30pm	9th Feb: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm
12th Feb: Freshbrook Singing for the Brain 10.30-12pm Lydiard Walk & Talk 11.30-12.30pm	13th Feb:	14th Feb: Haydon Wick Memory Café 10.30-12.30pm Memory Cinema at Arts Centre 10.30am for 11am. Miss Potter Love to Move Highworth 1.45pm-3.15pm	15th Feb: Wyvern Memory Sing 12.30pm Covingham Singing for the Brain 2-3.30pm Orchid Memory Club 2.30-4pm	16th Feb: Friendship Fridays Highworth 10-12pm Wroughton Making Memories Café 10.30-12pm
19th Feb: Freshbrook Singing for the Brain 10.30-12pm	20th Feb: Meadowcroft Singing for the Brain 10-12pm Love & Loss Peer Group 10.30-12pm Swindon Carers	21st Feb: Dementia Voice (young onset dementia group) 10.30am—12pm Pinetrees Memory Café 1.30pm—3.30pm	22nd Feb:	23rd Feb: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm
26th Feb: Freshbrook Singing for the Brain 10.30-12pm	27th Feb:	28th Feb: Haydon Wick Memory Café 10.30-12.30pm Highworth Forget-Me-Not Memory Café 2-4pm	29th Feb: Orchid Memory Club 2.30-4pm	N/A

DEMENTIA SPECIFIC CALENDAR March 2024

Mon	Tues	Wed	Thurs	Fri
N/A	N/A	N/A	N/A	1st Mar: Friendship Fridays Highworth 10-12pm Chiseldon Memory Café 10.30-12pm Sing Together Faringdon 2-3.30pm
4th Mar: Wyvern Memory Café 10.30am-12pm Freshbrook Singing for the Brain 10.30-12pm	5th Mar: Love & Loss Peer Group 10.30-12pm Swindon Carers	6th Mar: New: Cricklade Memory Café 10.30-12pm Pinetrees Memory Café 1.30pm—3.30pm Swindon Carers Dementia Peer Support Group 2.15 –3.45pm	7th Mar: Memory Move at The Arts Centre 1.30pm Covingham Singing for the Brain 2-3.30pm	8th Mar: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm
11th Mar: Freshbrook Singing for the Brain 10.30-12pm Lydiard Walk & Talk 11.30-12.30pm	12th Mar:	13th Mar: Haydon Wick Memory Café 10.30-12.30pm Memory Cinema at Arts Centre 10.30am for 11am: Peter Pan Love to Move Highworth 1.45pm-3.15pm	14th Mar: Olive Tree Memory Café 10.30-12pm Wyvern Memory Move 1.30pm Orchid Memory Club 2.30-4pm	15th Mar: Friendship Fridays Highworth 10-12pm Wroughton Making Memories Café 10.30-12pm
18th Mar: Freshbrook Singing for the Brain 10.30-12pm	19th Mar: Meadowcroft Singing for the Brain 10-12pm Love & Loss Peer Group 10.30-12pm Swindon Carers	20th Mar: Dementia Voice (young onset dementia group) 10.30am—12pm Pinetrees Memory Café 1.30pm—3.30pm	21st Mar: Sporting Memory Café 10.30-12pm Wyvern Memory Sing 12.30pm Covingham Singing for the Brain 2-3.30pm	22nd Mar: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm
25th Mar: Freshbrook Singing for the Brain 10.30-12pm	26th Mar:	27th Mar: Haydon Wick Memory Café 10.30-12.30pm Highworth Forget-Me-Not Memory Café 2-4pm	28th Mar: Orchid Memory Club 2.30-4pm	29th Mar: Friendship Fridays Highworth 10-12pm GOOD FRIDAY BANK HOLIDAY

DEMENTIA SPECIFIC CALENDAR April 2024

Mon	Tues	Wed	Thurs	Fri
1st Apr: EASTER MONDAY BANK HOLIDAY	2nd Apr: Love & Loss Peer Group 10.30-12pm Swindon Carers	3rd Apr: <i>New:</i> Cricklade Memory Café 10.30-12pm Pinetrees Memory Café 1.30pm—3.30pm Swindon Carers Dementia Peer Support Group 2.15 –3.45pm	4th Apr: Covingham Singing for the Brain 2-3.30pm	5th Apr: Friendship Fridays Highworth 10-12pm Chiseldon Memory Café 10.30—12pm Sing Together Faringdon 2-3.30pm
8th Apr: Freshbrook Singing for the Brain 10.30-12pm Lydiard Walk & Talk 11.30-12.30pm	9th Apr:	10th Apr: Haydon Wick Memory Café 10.30-12.30pm Love to Move Highworth 1.45pm-3.15pm	11th Apr: Olive Tree Memory Café 10.30-12pm Orchid Memory Club 2.30-4pm	12th Apr: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm
15th Apr: Freshbrook Singing for the Brain 10.30-12pm	16th Apr: Meadowcroft Singing for the Brain 10-12pm Love & Loss Peer Group 10.30-12pm Swindon Carers	17th Apr: Dementia Voice (young onset dementia group) 10.30am—12pm Pinetrees Memory Café 1.30pm—3.30pm	18th Apr: Sporting Memory Café 10.30-12pm Wyvern Memory Sing 12.30pm Wyvern Memory Move 1.30pm Covingham Singing for the Brain 2-3.30pm	19th Apr: Friendship Fridays Highworth 10-12pm Wroughton Making Memories Café 10.30-12pm
22nd Apr: Freshbrook Singing for the Brain 10.30-12pm	23rd Apr:	24th Apr: Haydon Wick Memory Café 10.30-12.30pm Highworth Forget-Me-Not Memory Café 2-4pm	25th Apr: Orchid Memory Club 2.30-4pm	26th Apr: Friendship Fridays Highworth 10-12pm Highworth Forget Me Not Choir 12.30-2pm
29th Apr: Freshbrook Singing for the Brain 10.30-12pm	30th Apr:	N/A	N/A	N/A

DEMENTIA CALENDAR: Venues & Contacts

- **Wyvern Memory Café:** Lower Foyer, Wyvern Theatre, Swindon.
Contact: owebb@wyverntheatre.org.uk or call 01793 509039 to register.
- **Haydon Wick Memory Café:** Haydon Wick Bowls Club. Thames Avenue.
Contact: memorycafe@haydonwick.gov.uk or call 01793 722446 / 07889 233916.
- **Pinetrees Memory Café:** Pinetrees Community Centre, Swindon.
Contact: debra.pinetrees@yahoo.com 07801358135
- **Highworth Forget-Me-Not-Café & Choir:** Highworth Community Centre & St Michael's. Contact Forgetmenot.highworth@gmail.com or call 07970 543423.
- **Sporting Memory Café:** Swindon Town Football Club Foundation
Contact: shane@stfcfoundation.com
- **Olive Tree Memory Café:** by Alzheimer's Society at Manor Garden Centre.
Contact: karen.owen@alzheimers.org.uk or call 07512 716473
- **Chiseldon Memory Café:** Church Hall, Butts Road, Chiseldon.
Contact: Paul.sunners@btinternet.com
- **Wroughton Making Memories Café:** Prospect Hospice, Wroughton.
Contact: nkingsbury@swindon.gov.uk
- **Freshbrook & Covingham Singing for the Brain/ Dementia Voice: (Must book in advance)** Freshbrook Community Centre & St. Paul's Covingham / The Community Room, Tesco Extra Ocotal Way, Swindon.
Contact Karen.owen@alzheimers.org.uk or call 07512 716473.



Swindon Town FC
Community Foundation



DEMENTIA CALENDAR: Venues & Contacts

- **Singing for the Brain** : Meadowcroft Community Centre, Addison Crescent, Swindon.
Contact: alisonporter@hotmail.com
- **Friendship Fridays**: Council rooms, Gilberts Lane, Highworth.
Contact: Forgetmenot.highworth@gmail.com or call 07970 543423.
- **Love to Move**: Highworth Community Centre, Highworth.
Contact: love2move.highworth@gmail.com
- **Swindon Carers Peer Support Dementia Group/ Love & Loss Group / Dementia Friendly Walk & Talk**: Christchurch Community Centre /Olive Tree Cafe/ Lydiard Park Swindon.
Contact: Heather.goldsmith@swindoncarers.org.uk or call 07841 503849
- **Memory Cinema**: The Arts Centre, Swindon. To book:
<https://trafalgartickets.com/swindon-arts-centre/en-GB/whats-on>
or call [0343 310 0040](tel:03433100040)
- **Memory Sing & Memory Move**: The Arts Centre.
Contact: owebb@wyverntheatre.org.uk or call 01793 535534
- **Orchid Memory Club: *Must book in advance.*** Orchid Care Home, 14 Guernsey Lane.
Contact: Recruitment.orchid@angelcareplc.co.uk 01793 753 336
- **Sing Together**: The Pump House Project, Faringdon. Contact: cat.attewell@homeinstead.co.uk or call 01793 232 585
- ***New:* Cricklade Memory Cafe**: Cricklade Town Hall Annex, Cricklade (for people living in Cricklade & Latton) First session on Feb 7th free, then £5 per couple to include light refreshments and entertainment/social activities.
Contact: Margaret Wright 07976620089 or Vona Wagner 07896723794



SWINDON
WYVERN THEATRE



About Home Instead:

Home Instead is an award-winning home care provider helping older adults age safely in the place they enjoy most their own home.

We home services including companionship, home help and housekeeping, personal care, specialist dementia care, live-in care and caring technology.

We work with our clients to provide flexible, personalised home care based on their specific needs.

All our visits are a minimum of 1 hour and our Care Professionals are hand-picked for their character and values and expertly trained to support older people and their families.

To find out more about the services we offer contact us at

Home Instead Swindon and Vale of White Horse:

Telephone: 01793 232 585

Email: cat.attewell@homeinsteadswindon.co.uk

Address: Unit 29c, Shrivenham 100 Business Park, Majors Road, Swindon SN6 8TZ

Web: www.homeinstead.co.uk/Swindon



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To us, it's personal